

GASTROINTESTINAL MEDICAL ONCOLOGY ANTICANCER AGENTS

08:00 Velcade (Bortezomib)

09:00 1,3 mg/m²

10:00 Days 1, 4, 8, 11

11:00 bortezomib induced
12:00 inhibition NF- κ B activity

13:00 Velcade approved indica-
14:00 tions in combination.

15:00 Grade 3 pulmonary
16:00 toxicities, persistent
17:00 myelosuppression. (neutro-
18:00 penia or thrombocytopenia)

19:00 hyperbilirubinemia.

Dolar AE-adverse events

Euro hypoxia (E. coli infection
Altin catheter)
Borsa

ARALIK 31
Persembur

366 - 0
53. Hafta/Week

GASAK 7 January									
T	C	P	C	Ct	P				
38	29	30	31	1	2	3			
34	5	6	7			10			
16	18	19	20	21	22	16	17		
18	19	20	21	22	23	24			
26	26	27	28	29	30	31			

08:00 caecitis (typhilitis), Benda-
 09:00 monas infection (catheter)
 10:00 and pancreatitis that
 11:00 led to discontinuation
 12:00 of Velcade. The most
 13:00 frequently observed Velcade
 14:00 related AE - Adverse events
 15:00 in the overall safety
 16:00 population included
 17:00 platelet count decreased %51
 18:00 neutrophil count decreased %50
 19:00 WBC count decreased %45

Dolar

Euro

Altın

Borsa

Anemia %45

Febrile neutropenia %24

OCAK / January						
Pt	S	C	P	C	Cl	P
28	29	30	31	1	2	3
4	5	6	7	8	9	10
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Yılbaşı

08:00

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JANUARY

JANUAR

JANVIER

ЯНВАРЬ

Sunday

Sonntag

Dimanche

Воскресенье

and lymphocyte count decreased
 %22
 velcade to a multi-
 drug chemotherapy regimen
 appears to be feasible
 High-intensity chemotherapy
 and related impairment
 of bone marrow
 function and immune
 system integrity.

08:00

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Dolar

Euro

Altın

Borsa

The pharmacokinetics
 of bortezomib were charac-
 terized following
 "Twice Weekly"
 intravenous

ŞUBAT / February

Pt	S	C	P	C	Cl	P
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

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Dolar

Euro

Altın

Borsa

bolus administration
of 1, 3 mg/m² doses.

① Clearance of
bortezomib increased
body surface area
(BSA). Geometric
mean (% CV) clearance
was 7,79 (%25)

L/hr/m², volume of
distribution at steady state
was 834 (39%) L/m²

and elimination
half life was
100 (44%) hours

OCAK / January

Pt	S	C	P	C	Ct	P
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

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Dolar

Euro

Altın

Borsa

Age, body weight and
sex did not have clinically
significant effects
on bortezomib clearance
BSA (body surface area)
normalized clearance of
bortezomib in pediatric
patients was similar
to that observed in
adults.

- clearance of bortezomib
with increased with increasing
body surface area.

ŞUBAT / February

Pt	S	C	P	C	Ct	P
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

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Velcade (bortezomib) is a reversible proteasome inhibitor.

— Velcade inhibition of nuclear factor κ B activation, its attenuation of interleukin-6-mediated cell growth, a direct apoptotic effect, and possibly through antiangiogenic and other effects

3-4 cycles (28 days/cycle)

OCAK / January

Pt	S	C	P	C	Ct	P
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Induction treatment

Velcade 1.3 mg/m^2

IV, Days 1, 4, 8 and 11

— maintenance treatment with Velcade (1.3 mg/m^2) once every 2 weeks IV

— maintenance treatment Velcade (1.3 mg/m^2) IV on Days 1, 4, 8, and 11 every 3 month cycle)

⊛ During the induction phase, the median dose intensity of Velcade

ranged from $5, 10 \text{ mg/m}^2/\text{cycle}$

ŞUBAT / February

Pt	S	C	P	C	Ct	P
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

08:00 5.20 mg/m² cycle
09:00 across all 3 phase
10:00 3 studies.

11:00 ~~⊕~~ The safety profile
12:00 of Velcade in combination
13:00 with dexamethasone.

14:00
15:00 Kytrolis (Carfilzomib)
16:00 Carfilzomib had anti-
17:00 proliferative and proapoptotic
18:00 activities in preclinical
19:00 models in hematologic
tumours. In animals
carfilzomib inhibited

OCAK / January						
Pt	S	C	P	C	Ct	P
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

08:00 proteasome activity in
09:00 blood and tissue and
10:00 delayed tumour growth
11:00 in models of multiple myeloma
12:00 Kytrolis in combination with
13:00 lenalidomide (immune modulator)
and Dexamethasone.
JANUARY 10
JANUAR Sonntag
JANVIER Dimanch
ЯНВАРЬ Воскресенье
is indicated for the treat-
ment of adult patients
with multiple myeloma
who have received at least
one prior therapy.

10:00 ~~⊕~~ Kytrolis is administered
intravenously (IV)
as a 10 minute infusion,

ŞUBAT / February						
Pt	S	C	P	C	Ct	P
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

The dose is calculated using the patient baseline body surface area (BSA) patients with a body surface area greater than 2.2 m^2 should.

Receive a dose based upon a body surface area of 2.2 m^2 .

In combination with Kytrolis, lenalidomide is administered as 25 mg orally on days 1-21 and dexamethasone is administered

as 40 mg orally or intravenously on days 1, 8, 15 and 22 of the 28 day cycles.

① Dexamethasone should be administered 30 minutes to 4 hours before Kytrolis

② Pharmacokinetics:

The plasma concentration of carfilzomib rapidly declined (Following a single IV bolus administration)

in a biphasic manner with $T_{1/2}$ generally

	1	2	3
4	5	6	7
8	9	10	11
12	13	14	15
16	17	18	19
20	21	22	23
24	25	26	27
28	29	30	31

	1	2	3	4	5	6	7
8	9	10	11	12	13	14	15
16	17	18	19	20	21	22	23
24	25	26	27	28	29	30	31

08:00

lower than 20 minutes
 (pharmacokinetics) Carfilzomib
 PK has been characterized
 from a dose range 15 to 70
 mg/m²

12:00

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Dolar

Euro

Altın

Borsa

Pt	S	C	Gt	P
08	29	05	1	2
4	5	7	8	9
11	12	13	15	16
18	19	20	21	22
25	26	27	28	29
			30	31

OCAK / January

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OCAK / January

OCAK / January

OCAK / January

OCAK / January

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11:00

Dolar

Euro

Altın

Borsa

OCAK / January

OCAK / January

OCAK / January

OCAK / January

17:00

08:00

09:00

10:00

11:00

Dolar

Euro

Altın

Borsa

cough (%19 %10)

headache (%11 %3)

urti, (%16 %3)

conversely, insomnia (%4 %18)

constipation (%10 %20)

pneumonia (%12 %20)

⊗ in clinical studies
 there were no restrictions
 on concomitant medication
 use based on anticipated or
 reported drug-drug interactions,
 including those with cytochrome
 P450 inhibitors or inducers.

⊗ Carfilzomib like Bortezomib
 are proteasome inhibitors
 but Carfilzomib

08:00

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① is highly selective and inhibits the proteasome irreversibly with minimal off target activity and is active in bortezomib refractory cells in vitro and in mouse models.

② There is no known specific antidote for carfilzomib overdose.

18:00

19:00

Dolar

Euro

Altın

Borsa

OCAK / January

Pt	S	C	P	C	Cl	P
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

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Dolar

Euro

Altın

Borsa

11 NINLARO 11
(~~IXAZOMIB~~)

ixazomib is an oral highly selective and reversible proteasome inhibitor

ixazomib induced apoptosis of several tumour cell types in vitro.

The combination of ixazomib and lenalidomide demonstrated synergistic cytotoxic effect in multiple myeloma cell lines.

Dolar

Euro

Altın

Borsa

The finished product is presented as hard capsules.

SİBİS / February

P	C	Cl	P
1	2	3	4
5	6	7	8
9	10	11	12
13	14	15	16
17	18	19	20
21	22	23	24
25	26	27	28

The capsules contain 2.3mg, 3mg and 4mg ixazomib (as 3.3 mg, 4.3 mg and 5.7mg ixazomib citrate, respectively)

(*) To be administered once a day on days:

1, 8 and 15 of a
28-day cycle and that
meets congressional
and other relevant quality
standards.

Dolar — 1Xazomib 1,2,4,6,8
 Euro
 Altin 0.10 Mg/Kg B1 V
 Borsa

OTAK / January											
	Pt	C	P	C	Ct	P					
	8	29	30	31	1	2	3				
	4	5	6	7	8	9	10				
	11	12	13	14	15	16	17				
	18	19	20	21	22	23	24				
	25	26	27	28	29	30	31				

WEEK / January						
Pl	C	P	C	Ct	P	
23	24	25	26	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

For 18 days (5) doses
ixozomib administered at
6, 8, and 10 mg/kg
Resulted in statistically
significant anti-tumor
activity compared to
vehicle treatment

Ⓐ The concentration - versus time curve of ixazomib displayed a distinct biexponential profile, with a steep initial distribution phase and a long apparent,

SMBT / February						
D	S	P	C	Cl	P	
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

terminal elimination
half-life ($t_{1/2}$) > 24 hours
in all species tested

① Ixazomib 4mg Days:

1, 8, and 15 added to:
Dexamethasone 40 mg po

Days 1, 8, 15 and 22

lenalidomide 25mg

Days: 1-21 of a

28-day cycle

② After oral administration,
peak plasma concentrations
of Ixazomib

were achieved at

OCAK / January

Pt	S	C	P	C	Ct	P
28	29	30	31	1	2	3
4	6	7	8	9	10	
12	13	14	15	16	17	
18	19	20	21	22	23	24
25	26	27	28	29	30	31

approximately one hour
after dosing. The mean
absolute oral bioavailability
is %58. Ixazomib

AUC increases in a dose
proportional manner over a

dose range of
0.2 to 10.6 mg.

③ Mean plasma clearance
is 1.86 L/hr, blood clearance
is lower therefore hepatic
extraction is low. The
plasma elimination
Half-life is 9.5 days

OCAK 24
Pazar

SUBAT / February

Pt	S	C	P	C	Ct	P
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

Blood elimination half-life appear longer.

⊛ Maximum inhibition (E_{max}) of 20s proteasome activity occurred within 30 minutes in most patients, indicating rapid targeted engagement in blood

⊛ The most frequently reported adverse reactions

diarrhea (%45 %39)
constipation (%35 %26)
thrombocytopenia (%24 %11)

	OCAK / January						
	Pt	28	29	30	P	C	P
Dolar		4	5	6	7	8	9
Euro		11	12	13	14	15	16
Altın		18	19	20	21	22	23
Borsa		25	26	27	28	29	30

peripheral neuropathy (%28 %22)
nausea (%29 %22)
peripheral oedema (%28 %20)
vomiting (%23 %12)
back pain (%24 %17)

VIDAZA
(AZACITIDINE)
hypomethylating therapy with 1 of 2 agents Decitabine and Azacitidine.

Azacitidine is an analogue of the naturally occurring pyrimidine nucleoside

	SUBAT / February						
	Pt	1	2	3	4	5	6
Dolar		8	9	10	11	12	13
Euro		15	16	17	18	19	20
Altın		22	23	24	25	26	27
Borsa							

cytidine that incorporates into ribonucleic acid (RNA) and deoxyribonucleic acid (DNA). Antineoplastic effect because of hypomethylation. Incorporation of azacitidine into DNA also results in DNA hypomethylation and may allow the re-expression of genes involved in normal cell cycle regulation and differentiation.

Dolar

Euro

Altın

Borsa

OCAK / January

Pt	S	C	P	C	G	P
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

The dose regimen of SC 75mg/m²/day for 7 days per 28 days

Azacitidine is a demethylation agent. Rapidly dividing cells are most sensitive to a cell cycle-specific agent, like azacitidine cytotoxicity adverse event characteristics of such compounds. Most commonly include BM. Suppression (anemia, thrombocytopenia, leukopenia, neutropenia), adverse

Dolar

Euro

Altın

Borsa

OCAK / January

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

Consequences of BMarrow.

Suppression (infection, haemorrhage) and gastrointestinal events (nausea, vomiting, diarrhoea)

in addition to the potential cytotoxic effects spermatogenesis and embryo development

in animals. Animal data suggest that the liver and kidney may be target organs. Non-clinical

studies indicate that the

toxicology profile of Azacitidine is generally

OCAK / January							
Pt	S	C	P	C	Ct	P	
28	29	30	31	1	2	3	
4	5	6	7	8	9	10	
11	12	13	14	15	16	17	
18	19	20	21	22	23	24	
25	26	27	28	29	30	31	

consistent with that of other pyrimidine analogues of the antimetabolite class

Febrile neutropenia (% 28)

neutropenia (% 26.3)

Thrombocytopenia (% 23,7)

other significant events cardiac events

and ischemic colitis

renal and hepatic failure

interstitial lung disease

Tumour lysis syndrome

haemorrhagic events and

infections.

ŞUBAT / February

Pt	S	C	P	C	Ct	P	
1	2	3	4	5	6	7	
8	9	10	11	12	13	14	
15	16	17	18	19	20	21	
22	23	24	25	26	27	28	

31

Post treatment death For Azacitidine
Was % 54.8

on treatment was % 23.2

Pre treatment was % 2.1

Categories of Death

Death From Malignant Disease.

" " Toxicity.

1) because of other cause

Drug - Drug interactions
are not expected to influence

the safety profile of

Azacitidine.

Significant treatment-

emergent adverse events

Discontinuation

SUBAT / February

Pt	S	C	P	Ct	P
8	9	10	11	12	13
15	16	17	18	19	20
22	23	24	25	26	27

Dose Reduction, Dose interruption

of Dose Reduction + dose interruption.

Treatment-emergent Adverse

events leading to reduction

and/or interruption of

azacitidine treatment

Azacitidine was generally

well tolerated in elderly

patients. No new risks of

azacitidine were identified.

Azacitidine showed a

well-known safety

profile. Risk Management

Plan, risk minimization

of Adverse events.

MART / March

Pt	S	C	P	Ct	P
1	2	3	4	5	6
8	9	10	11	12	13
15	16	17	18	19	20
22	23	24	25	26	27
29	30	31			

Following subcutaneous administration of a single 75 mg/m² dose, Azacitidine was rapidly absorbed with peak plasma concentrations of 750 ± 403 ng/mL occurring 0.5 hour after dosing (the first sampling point). The absolute bioavailability of azacitidine after subcutaneous relative to intravenous administration (single 75 mg/m² doses) was approximately

SUBAR / February

Pt	S	C	P	C	P
1	2	3	4	5	6
8	9	10	11	12	13
15	16	17	18	19	20
22	23	24	25	26	27
				28	

89 based on area under the curve (AUC). AUC and maximum plasma concentrations (C_{max}) of subcutaneous administration of azacitidine were approximately proportional within the 25 to 100 mg/m² dose range. Following subcutaneous administration of a single 75 mg/m² dose mean exposure values (AUC and C_{max}) from subjects

MART / March

Pt	S	C	P	C	P
1	2	3	4	5	6
8	9	10	11	12	13
15	16	17	18	19	20
23	24	25	26	27	28
29	30	31	1	2	3

mild, moderate and severe renal impairment were increased by %11-21, %15-27, %41-66 respectively. patients are monitored for toxicity since Azacitidine and/or its metabolites are primarily excreted by the kidney.

DACLOGEN (DECITABINE)

Decitabine is a cytosine nucleoside analogue

SUBAT / February						
Pt	S	C	P	C	Cl	P
1	2	3			6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

Which inhibits DNA methyltransferase of antineoplastic and immuno-modulating agents, Pyrimidine analogue.

The product is presented as a lyophilised powder, for reconstitution and further dilution prior to administration by intravenous infusion.

The Finished product Decogen 50 mg powder for concentrate for solution for infusion

FEBRUARY Sunday
FEBRUAR Sonntag
FEBRUARIE Dimanche
FEBRUARI Bocanecina

SUBAT
Pazar

MART / March						
Pt	S	C	P	C	Cl	P
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

08:00 is presented as a white,
 09:00 Sterile, lyophilised powder.
 10:00 The active substance is Decitabine
 11:00 — Indeed, prior to the
 12:00 Incorporation of Decitabine
 13:00 into the DNA, the drug
 14:00 has to be phosphorylated
 15:00 by several kinases.

16:00 Decitabine triphosphate
 17:00 is the active moiety which
 18:00 is incorporated into DNA.

19:00 Decitabine produces Antitumoral
 effect by specifically
 targeting DNA

	SABAT / February						
Dolar							
Euro							
Altın							
Borsa							
	1	2	3	4	5	6	7
	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
	22	23	24	25	26	27	28

08:00 Methyltransferases (DNMTs)
 09:00 is specifically incorporated
 10:00 into DNA leading to the
 11:00 covalent trapping of DNMTs
 12:00 in a complex with the
 13:00 decitabine substituted DNA.
 14:00 This depletes the DNMT
 15:00 activity in cells, leading to
 16:00 DNA hypomethylation in gene
 17:00 promoter regions. This results
 18:00 in reexpression of silenced
 19:00 genes that can inhibit
 cellular proliferation,
 induce differentiation

	MART / March						
Dolar							
Euro							
Altın							
Borsa							
	1	2	3	4	5	6	7
	8	9	10	11	12	13	14
	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
	29	30	31				

08:00

of induce apoptosis
 — in vitro it seems that
 high doses of Decitabine
 induce cytotoxicity while
 low doses induce hypomethy-
 lation.

13:00

— solid tumor human colon
 cancer cells the concentration
 of 1 μ M of Decitabine produced
 a 90% inhibition of methylation
 without causing cell lethality
 (Glazer, 1984).

18:00

19:00

complete loss of
 reduction of

SYBAT / February

Pt	S	G	P	C	Ct	P
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

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Dolar

Euro

Altın

Borsa

deoxycytidine kinase
 activity results is resistance
 to decitabine (Vesely, 1970)
 * Binding of HDAC to
 hypermethylated chromatin,
 under DNMTs direction,
 produces a DNA Binding
 complex capable of blocking
 the access of the trans-
 criptional activators to
 promoters. It should be noted
 that methylation is
 dominant to histone
 deacetylation, so

MART / March

Pt	S	G	P	C	Ct	P
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

transcription cannot occur without first inhibiting methylation. initial treatment with DNMT inhibitors followed by HDAC inhibitors can produce additive or synergistic effects for re-expression of transcriptionally silenced genes (Baylín, 2005)

Decitabine induce

re-expression of gene involved in immunogenicity and

ŞUBAT / February						
Pt	S	G	P	C	Ct	P
1	2	3	4	5	6	7
8	9	10	11	12	13	14
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IMMUNE Recognition of cancer cells. It could enhance the expression of tumor-associated antigens and the recognition of tumor cell by cytotoxic cells.

FEBRUARY Sunday
FEBRUAR Sonntag
FEBRUARIE Dimanche
ФЕВРАДЬ Воскресенье

ŞUBAT 14
Pazar

Decitabine decreased vessel formation in different tumor models.

Phase III 20mg/m² (1 h infusion)

Days 1-5 (4 week cycle)

MART / March						
Pt	S	G	P	C	Ct	P
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

08:00

As dacogen is administered
by intravenous (IV) route
it is 100% bioavailable

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353:

08:00 neutropenia % 32

09:00 thrombocytopenia % 41

10:00 Anemia % 38

11:00 leukopenia % 20

12:00 pancytopenia < 1

13:00 hypersensitivity including

14:00 Anaphylactic Reaction

15:00 headache % 16

16:00 epistaxis % 14

17:00 Diarrhoea % 31

18:00 Vomiting % 18

19:00 Nausea % 33

Dolar Stomatitis % 7

Euro Pyrexia % 48

Altin Sweet's Syndrome

Borsa Sweet's Syndrome

SUBAT / February

Pt	S	C	P	C	Cl	P
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

08:00 Posology: The total
09:00 daily dose must not
10:00 exceed 20 mg/m^2 and
11:00 the total dose per
12:00 treatment cycle must
13:00 not exceed 100 mg/m^2

14:00 ZOLINZA
15:00 (VORINOSTAT)

16:00 Vorinostat 100mg hard
17:00 capsules, Vorinostat also
18:00 known as suberoyl anilide
19:00 hydroxamic Acid (SAHA)

MART / March

Pt	S	C	P	C	Cl	P
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

is a hydroxamic acid and is an orally active, potent inhibitor of histone deacetylase (HDAC) activity.

The recommended dose is 400 mg orally once daily and treatment may be continued as long as there is no evidence of progression or acceptable toxicity.

The finished product consists of hard gelatin capsules containing

Dolar	Euro	Altın	Borsa	SUBAT / February						
				Pt	Sal	Ct	P	Ct	P	
				1	2	3	4	5	6	7
				8	9	10	11	12	13	14
				15	16	17	18	19	20	21
				22	23	24	25	26	27	28

200 mg of vorinostat. Vorinostat is a potent histone deacetylase (HDAC) inhibitor. The accumulation of acetylated histones and tubulin, cell cycle arrest, apoptosis of differentiation,

the potential mechanisms of action include anti-angiogenesis through suppression of VEGF receptors. Vorinostat generally inhibit deacetylation thus inducing

Dolar	Euro	Altın	Borsa	SUBAT / February						
				Pt	Sal	Ct	P	Ct	P	
				1	2	3	4	5	6	7
				8	9	10	11	12	13	14
				15	16	17	18	19	20	21
				22	23	24	25	26	27	28
				29	30	31				

transcription by inhibiting the deacetylation of Histones (Results in an open chromatin structure)

Short term administration of Vorinostat to patients with advanced cancer is generally well tolerated. Half life of Vorinostat 400 mg once daily multiple dosing under fed condition is ~ 1,34 hours.

~ Vorinostat was moderately bound

SEBAT / February						
Pt	C	P	C	Ct	P	
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

% F1 to proteins in human plasma. The primary binding site was serum albumin. In phase II protocol the maximum tolerated dose (MTD) of oral Vorinostat was determined for three schedules: 400 mg once daily x 7d / wk, 200 mg twice daily x 7d / wk, 300 mg twice daily x 3d / wk.

The most commonly observed dose-limiting toxicities of Vorinostat

MART / March						
Pt	C	P	C	Ct	P	
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Note similar for patients
with both solid tumours
and hematologic malignancies and consisted
of reversible dehydration %8,2
anorexia %8,2, Fatigue %6,8
and diarrhoea %4,1.

① Votinat Monotherapy Adverse
Fatigue %57,7 Weight decreased %21,1
Diarrhoea %56,3 Blood creatinine increased %16,9
Nausea %40,8 Vomiting %14,1
Dysgeusia %31 Chills %16,9
Thrombocytopenia %23,9
Anorexia %23,9 Anemia %14,1

Absoctia %18,3 constipation %16,9
Muscle Spasm %14,7 Pyrexia %9,9
Cough %8,5 decreased Appetite %12,7
Dizziness %14,1 ^{oedema} peripheral %12,7
Headache %12,7 Insomnia %5,6
upper respiratory tract infection %8,5 pruritus %11,3

Votinat is generally
Well tolerated by cancer
patients.

Most adverse experiences
were manageable with stan-
dard supportive care.

common clinical adverse
experiences include:

SUBT February						
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

MART March						
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Fatigue and spectrum of gastrointestinal effects including nausea, anorexia, weight loss, dysgeusia and diarrhea. Common laboratory abnormalities are thrombocytopenia, Anemia, increased creatinine, hyperglycemia, and increase glucose. Votinstat is contraindicated in patient with severe hepatic impairment, severe hepatic dysfunction have higher incidence and severity of adverse experiences.

FEBRUARY						
P	S	F	C	W	T	P
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

compared with patients with no hepatic dysfunction

FARYDAK (PANOBINOSTAT)

Farydak is a Histone Deacetylase (HDAC) inhibitor that inhibits the enzymatic activity HDACs at nanomolar concentrations. HDACs catalyze the removal of acetyl group from the lysine residues of Histones and some Non histone proteins. inhibition of HDAC activity

MART / March

P	S	F	C	W	T	P
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Results in increased acetylation of histone proteins, an epigenetic alteration that results in a relaxing of chromatin, leading to transcriptional activation. Panobinostat shows more cytotoxicity towards tumor cells compared to normal cells.

The recommended starting dose of Panobinostat is 20 mg, taken orally once a day, on days: 1, 3, 5, 8, 10 and 12 of a 21-day cycle. Patients should be treated initially for eight cycles.

MART / March						
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

It is recommended that patients with clinical benefit continue the treatment for eight additional cycles.

The total duration of treatment is up to 16 cycles, (48 weeks).

Panobinostat is administered in combination with bortezomib (NF- κ B inhibitor) is 1,3 mg/m² given as an injection and dexamethasone is 20 mg taken orally on a full stomach.

NİSAN / April						
Pt	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	1	2	3	4

Cycle 1-8 (3 week cycles)

F) Fartydak Week 1 days 1, 3, 5 Week 2 days 8, 10, 12
B) Bortezomib 1, 4 8, 11
D) Dexamethasone 1, 2, 4, 5 8, 9, 11, 12

Week 3 Fartydak, Bortezomib,

Dexamethasone Rest period

Cycle 9-16

Week 1 days Week 2 days

F 1, 3, 5 8, 10, 12
B 1 8
D 1, 2 8, 9

Dolar

Euro

Altın

Borsa

MART / March													
Pt	S	C	P	C	Ct	P							
1	2	3	4	5	6	7							
8	9	10	11	12	13	14							
15	16	17	18	19	20	21							
22	23	24	25	26	27	28							
29	30	31	1	2	3	4							

The finished product is presented as hard capsules containing 10, 15 or 20 mg of Panobinostat as active substance

Adverse Reactions

The most common adverse reactions (incidence of at least %20 in clinical studies) are diarrhea, fatigue, nausea, peripheral edema, decreased appetite, pyrexia and vomiting.

The most common Biochemistry laboratory abnormalities

MART / March													
Pt	S	C	P	C	Ct	P							
1	2	3	4	5	6	7							
8	9	10	11	12	13	14							
15	16	17	18	19	20	21							
22	23	24	25	26	27	28							
29	30	31	1	2	3	4							

Incidence $\geq$ %40) are
hypophosphatemia, hypokalemia,
hyponatremia, and increased
creatinine.

The most common
hematologic laboratory abnormalities
(incidence $\geq$ %60) are
thrombocytopenia, lymphopenia,
leukopenia, neutropenia,
and anemia.

Dolar
Euro
Altın
Borsa

MART / March						
Pt	S	C	P	C	Ct	P
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

BELODA Q (BELINOSTAT)

Belodaq for injection, For
intravenous.

Belodaq is a histone deacetylase
inhibitor indicated for the
treatment of patients
as anticancer therapy.

Recommended dosage of
Belodaq is 1000 mg/m² adminis-
tered over 30 minutes by intra-
venous infusion once daily
(may be extended to 45 minutes)

on days 1-5 of a
21-day cycle.

Dolar
Euro
Altın
Borsa

NİSAN / April						
Pt	S	C	P	C	Ct	P
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	1	2

08:00 Cycles can be repeated
(every 21 days)
09:00 until disease progression
10:00 of acceptable toxicity.
11:00 Treatment discontinuation
12:00 or interruption with or without
13:00 dosage reductions by %25
14:00 may be needed to manage
15:00 adverse reactions.

16:00 * For injection: 500 mg, lyophilized
17:00 powder in single-use vial
18:00 For reconstitution

19:00 Monitor complete blood counts
at baseline and weekly.

Perform serum chemistry

MART / March						
Pt	S	C	P	C	Ct	P
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

08:00 tests, including renal and
09:00 hepatic functions prior to the
10:00 start of the first dose
11:00 of each cycle
12:00 - Reduce the starting dose
13:00 of Belodag to 750 mg/m²
14:00 in patient known to be
15:00 homozygous (Loss of hetero-
16:00 zygoty allele.
17:00 The median duration of
18:00 treatment was 2 cycles
19:00 (Range 1-33 cycles)

Dolar

Euro

Altın

Borsa

Adverse Reactions

The most common adverse reactions

NİSAN / April						
Pt	S	C	P	C	Ct	P
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	1	2	3	4	5

08:00 (>25%) at nausea,
09:00 Fatigue, pyrexia, anemia,
10:00 and vomiting

11:00 Hematologic Toxicities:

12:00 Thrombocytopenia, leukopenia
13:00 (neutropenia and lymphopenia)
14:00 and anemia

15:00 Serious and Fatal infections

16:00 (Pneumonia and sepsis)

17:00 Hepatotoxicity: Belodag may
18:00 cause hepatic toxicity and
19:00 liver function test abnormalities

Dolar Tumor lysis Syndrome
Euro
Altın
Borsa

ART / March						
	C	P	C	Ct	P	
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

08:00 advanced stage disease
09:00 and/or high tumor burden
10:00 and take appropriate precautions

11:00 Embryo-fetal ~~Toxicity~~ **Toxicity**:

12:00 Belodag may cause fetal
13:00 harm when administered
14:00 to a pregnant woman

15:00 Adverse Reactions

16:00 Who were treated with

17:00 Belodag were nauseated 42

18:00 Fatigue 37, Pyrexia 35

19:00 anemia 32 and vomiting 29

Dolar Drug interactions: Avoid
Euro
Altın
Borsa

Nisan / April						
	C	P	C	Ct	P	
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

08:00

of Belodag

09:00

Lactation: Patients that breast feeding is not recommended during treatment with Belodag and for 2 weeks after the last dose.

14:00

Serious and sometimes

15:00

Fatal infections, including pneumonia and sepsis have occurred with Belodag.

17:00

adverse reactions while taking Belodag or within 30 days after their last dose of Belodag.

Dolar
Euro

Altın

Borsa

MART / March						
Pt	S	C	P	C	Ct	P
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

08:00

ISTODAX

09:00

(ROMIDEP SIN)

10:00

Romidepsin is an anti-neoplastic agent that has been identified as a novel histone deacetylase HDAC inhibitor. HDAC inhibitors have been shown to induce hyperacetylation of

histones and other non-histone proteins species resulting in a variety of phenotypic changes, differentiation, cell growth inhibition, apoptotic cell death and

MART

MART

MART

MART

Sunday

Sonntag

Dimanche

Воскресенье

MART

Pazar

73 292
11. Hafta/Week

08:00

09:00

10:00

11:00

Dolar

Euro

Altın

Borsa

NISAN / April

Pt	S	C	P	C	Ct	P
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

08:00 inhibition of angiogenesis
09:00 Romidepsin exhibits both
10:00 cytotoxic and cytostatic
11:00 properties

12:00 The proposed dose of Romidepsin
13:00 was 14 mg/m^2 administered
14:00 intravenously on days 1, 8 and 15
15:00 of a 28 day cycle.
16:00 The finished product is
17:00 presented as powder and
18:00 solvent for concentrate
19:00 for solution for infusion
containing 5 mg/ml of
Romidepsin as active substance

	MART / March						
Dolar	P	C	P	C	Ct	P	
Euro	1	2	3	4	5	6	7
Altın	8	9	10	11	12	13	14
Borsa	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
	29	30	31	1	2	3	4

08:00 - ISTODAX is available as a
09:00 dual pack with a sterile
10:00 single-use vial containing
11:00 10 mg of Lyophilised Romidepsin
12:00 and a second sterile vial
13:00 containing 2 ml of solvent
14:00 - The reconstituted solution
15:00 of 2 ml contains 5 mg/ml
16:00 of Romidepsin and is further
17:00 diluted for infusion to contain
18:00 0.1 to 0.02 mg/ml
19:00 - Romidepsin was administered

as a four-hour infusion
 18 mg/m^2 on days

	NİSAN / April						
Dolar	P	C	P	C	Ct	P	
Euro	1	2	3	4	5	6	7
Altın	8	9	10	11	12	13	14
Borsa	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
	29	30	1	2	3	4	5

08:00 1 and 5 of a 21-day cycle
09:00 studied NC1

10:00 - Patients with a measurable
11:00 response continued to be
12:00 treated with Romidepsin,
13:00 with increasing intervals
14:00 allowed between cycles.
15:00 After completion of 6
16:00 cycles, if needed to improve
17:00 patient tolerance and
18:00 compliance

19:00 - The principal adverse
events observed with
Romidepsin in patients

	March						
Dolar	Pt	S	C	P	Ct	P	
Euro	1	2	3	4	5	6	7
Altın	8	9	10	11	12	13	14
Borsa	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
	29	30	31	1	2	3	4

08:00 were: GI disturbances %83
09:00 hematologic toxicities %66
10:00 esthetic conditions %60
11:00 infections %53 and clinical
12:00 chemistry abnormalities %43
13:00 - Romidepsin displays a
14:00 safety profile
15:00 - The activity of Romidepsin
16:00 was apparently not dependent
17:00 on histological subtype, risk
18:00 factors, the number of previous
19:00 therapies.

Dolar - Romidepsin exhibited linear
Euro pharmacokinetics across
Altın
Borsa

	March						
Pt	S	C	P	Ct	P		
1	2	3	4	5	6	7	8
9	10	11	12	13	14	15	16
17	18	19	20	21	22	23	24
25	26	27	28	29	30	1	2

08:00 doses ranging from
09:00 1.0 to 24.9 mg/m² when
10:00 administered intravenously
11:00 over 4 hours in patients
12:00 with advanced cancers.

13:00 — Romidepsin is highly
14:00 protein bound in plasma (92 to 94%)
15:00 over the concentration range
16:00 of 50 ng/mL to 1000 ng/mL
17:00 with α_1 -acid glycoprotein (AAG)
18:00 being the principal binding protein
19:00 — standard therapy of

Romidepsin The terminal
half-life ($t_{1/2}$) was

MART / March						
Pt	S	C	P	C	Ct	P
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

08:00 approximately 3 hours
09:00 — No accumulation of plasma
10:00 concentration of Romidepsin
11:00 was observed after repeated
12:00 dosing.
13:00 Romidepsin showed that
14:00 age, gender, or race (white/black)
15:00 did not appear to influence
16:00 the pharmacokinetics

17:00 — Carcinogenicity not been performed
18:00 and was not mutagenic
19:00 (Non clinical toxicology)

NİSAN / April						
Pt	S	C	P	C	Ct	P
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	1	2	3	4	5

COMPLEMENTARY MEDICINAL PRODUCTS

HEALTHAID

OSTEOFLEX PLUS

Glucosamine sulphate 500mg

Chondroitin sulphate 400mg

Free Glucosamine (From shellfish) 390mg

Vitamin C 100 mg

Manganese 2mg

Curcumin powder equivalent
(From turmeric) 100mg

Hyaluronic Acid 55mg

MART / March						
Pt	S	C	P	Ct	P	
8	2	3	4	5	6	7
15	10	11	12	13	14	
22	17	18	19	20	21	
29	24	25	26	27	28	
30	31	1	2	3	4	

Dosage: two tablets daily
With a main meal for four months
Four cycles

OSTEO JOINT EASE

Glucosamine sulphate 750mg

Chondroitine sulphate 200mg

Ultra Fruit Blend (standardized
to 9.76 polyphenols 100mg

Leisure, pomegranate, strawberry,
cranberry, blueberry, raspberry,
bilberry

Boswellia Extract 50mg

Turmeric extract 25:1
(Curcuma Longa) 20mg

Hyaluronic Acid 7.5mg

Nisan / April						
Pt	S	C	P	Ct	P	
30	31	1	2	3	4	
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	1	2

08:00 Mar Nogaene 0,75mg
09:00 Bofon 0,225mg

10:00 Dosage: 2 caplets
11:00 daily preferably with meals
12:00 for four months four cycles

13:00 FLAX SEED OIL 1000mg
14:00 ~~Natural~~ source omega 3, 6, 9

15:00 Two capsules contain (Average)

16:00 Flax Seed oil 2000mg

17:00 Which provides

18:00 omega 3 700mg

19:00 omega 6 220mg

Dolar omega 9 220mg

Euro Dosage: two capsules

Altin Daily for four months four cycles
Borsa

MART / March						
Pt	S	C	P	C	Ct	P
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

08:00 ULTRA
09:00 L-CARNITINE & ALA

10:00 200mg 50mg

11:00 L-carnitine Alpha Lipic Acid

12:00 Dosage: Two Tablets per day

13:00 Swallow with water or a cold

14:00 drink. Not to be chewed

15:00 CONERGY 30 capsules

16:00 Mega Strength CoQ-10

17:00 Ubiquinone 30mg

18:00 Natural Energy From Within

19:00 Powerful Antioxidant Balanced

Dolar in oil

Euro Vitamin E 5mg
Altin
Borsa

NISAN / April						
Pt	S	C	P	C	Ct	P
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

08:00

Coenzyme Q10 30mg

09:00

Soybean oil 325mg

10:00

Dosage: ~~Two~~ capsule daily
For four months for cycles

11:00

12:00

SELENIUM 200 µg

13:00

Powerful Antioxidant!

14:00

Yeast Free, immune support

15:00

Selenium 200 µg

16:00

Dosage: two tablets daily

17:00

BALANCED

18:00

OMEGA 3 · 6 · 9

19:00

Essential fish oils
with Borage & olive oil

Dolar

Euro

Altın

Borsa

MART / March

Pt	S	C	P	C	Ct	P
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

08:00

Three capsules contain % NR1

09:00

Natural Vitamin E (3iu) 9mg

10:00

omega 3/6/9 blend 3/165mg

11:00

(non-GMO Fish oil, borage oil, olive oil)

12:00

Total omega 3 (from Fish oil) 100mg

13:00

EPA 471mg

14:00

DHA 315mg

15:00

MARTIE Dimanche

16:00

MART Воскресенье

Total omega 6 (from borage oil) 970mg

08:00

Linoleic acid 600mg

09:00

Gamma Linolenic Acid (GLA) 370mg

10:00

Total omega 9 (from olive oil) 450mg

11:00

oleic acid 450mg

Dolar

Euro

Altın

Borsa

Dosage: three capsules
daily For four months for
cycles

MISAN / April

Pt	S	C	P	C	Ct	P
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	1	2	3	4	5

08:00

VITAMIN E 600 iU

09:00

402 mg Natural

10:00

Powerful Antioxidant

11:00

Vitamin E (600 iU) 402 mg

12:00

% NRV 3350

13:00

Dosage: two capsules daily

14:00

For four months four cycles

15:00

COREK OTU YAGI Black

16:00

Nigella sativa oleum seed

17:00

yennusak karz u)

18:00

GMP Standard/Atında

19:00

Metilmistil.

Dolar

Manufactured in Zache

Altın

Vital Laboratories with

MART / March

Pt	S	C	P	C	Ct	P
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

08:00

management systems

09:00

and quality certifications

10:00

Feeding energy 19,3 kcal

11:00

Total Fat 1,80 gr

12:00

Saturated Fat 0,27 gr

13:00

polyunsaturated 1,08 gr

14:00

monounsaturated 0,45 gr

15:00

protein 0,18 gr

16:00

Black cumin seed oil

17:00

(Nigella sativa oleum) 1800 mg

18:00

Dosage: 2-4 capsules daily

19:00

capsules should be swallowed

Dolar

with sufficient amount of

Euro

Altın

Borsa

Water without crushing

of chewing

NISAN / April

Pt	S	C	P	C	Ct	P
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

08:00

SHARK CARTILAGE

09:00 Pure dried shark cartilage 750 mg

10:00 contains high levels of proteins
11:00 and mucopolysaccharides

12:00 Dosage: two capsules

13:00 daily with meals

14:00

PYCNOGENOL

15:00

(French maritime pine bark Extract)

16:00 Pycnogenol 30 mg

17:00 standardized to min 90

18:00 Procyanidin & ~~flavonoid~~ organic acids

19:00 Dosage: Two tablets

Dolar daily with food

Euro For four months four cycles
Altin
Borsa

MART / March

Pt	S	C	P	C	Cl	P
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

08:00

TURMERIC 750 mg equivalent

09:00

Turmeric powder 750 mg

10:00

(Curcuma longa)

11:00

Bulking agent di-calcium phosphate

12:00

13:00 Veg. Stearic acid, Veg. Magnesium stearate

14:00

Dosage: Two tablets/capsules

15:00

16:00 Daily. For four months four cycles

17:00

ALOE VERA

18:00

5000 mg

19:00

Mega strength.

20:00

Aloe Vera Gel Extract (200:1)

21:00

25 mg (Equivalent to 5000 mg)

Dolar

Fresh Aloe Vera

Euro

Altin Dosage Two capsules daily with food
Borsa For four months four cycles

MAYIS / May

Pt	S	C	P	C	Cl	P
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

08:00

RHODIO LA 500 mg

09:00

Adaptogenic %3 standardized

10:00

EXTRACT TOSQVINS %1 Saldırık
Helps body Adapt to stress

11:00

OF Daily Life

12:00

Dosage: Take 1 capsule Two
times daily on an empty stomach

14:00

Attention: Rhodiola is
decreased OF

15:00

Blood sugar references values
so that At first/before

17:00

will have been taken capsule
should be prepared the
body Then Application.

Dolar

Euro

Altın

Borsa

NISAN / April

Pt	S	C	P	C	Cl	P
29	6	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	1	2

08:00

MELOX partial selective
(Meloxicam) 7.5 mg

09:00

10:00

11:00

12:00

13:00

14:00

15:00

16:00

17:00

18:00

19:00

20:00

21:00

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35:00

36:00

37:00

38:00

39:00

40:00

CONTRAMAL RETARD
NISAN 4Tramadol Kilitli 100 mg Tablet
30 Tablet

09:00

10:00

11:00

12:00

13:00

14:00

15:00

16:00

17:00

18:00

19:00

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264:00

265:00

266:00

267:00

268:00

269:00

270:00

271:00

272:00

08:00

B.T Enema ^{For} antidiarr

59 mg/ml + 161 mg/ml

Dibazik + Monobazik

Sodyum Eodem

Fosfat Fosfat

For Rectal application
should have been used

IF Bekunis ineffective

16:00

BEKUNIS

3mg/5mg kapli tablet

Sennosid B / Bisakodi

19:00

30 Kapli tablet
Dosage: Generally at night
before go to bed

Dolar
Euro

Altın
Borsa

NISAN / April

Pt	S	C	P	C	Ct	P
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	1	2

09:00

ineffective two tablets

09:00

Then B.T Enema

10:00

For constipation

11:00

LOPERMID For Diarrhoea

12:00

Loperamid HCl 2mg tablet

13:00

20 tablet
Dosage: one tablet

14:00

Daily

15:00

16:00

DIORALYTE

17:00

Relief

RASPBERRY

18:00

Clinically proven to reduce

19:00

diarrhoea and dehydration

Dolar

Euro

Altın

Borsa

MAYIS / May

Pt	S	C	P	C	Ct	P
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	1	2

08:00 Contains pre-cooked Rice
09:00 Powder 6g, Sodium Citrate 58mg
10:00 Sodium chloride 350mg.
11:00 and potassium chloride 300mg
12:00 Composition of 200 ml of
13:00 prepared solution: Sodium 12 mmol,
14:00 Chloride 10 mmol, potassium 4 mmol
15:00 Citrate 2 mmol

16:00 Dosage: The powder of this
17:00 Sachet provides a single dose
18:00 when made up in 200 ml
19:00 of drinking water.

up to 5 sachets per day
for 3-4 days

	NİSAN / April						
	P	S	C	P	C	P	P
Euro	1	2	3	4	5	6	7
Altın	8	9	10	11	12	13	14
Borsa	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
	29	30	1	2			

08:00 5-MTHF 5mg
09:00 60 capsules

10:00 Folate (as calcium L-5
11:00 Methyl tetrahydro Folate) 5mg
12:00 5-MTHF is a biologically
13:00 active form of Folic acid
14:00 Dosage: one capsule daily

15:00 ACETYL L-CARNITINE
16:00 HCL 250 mg.

17:00 Hypoallergenic 90 capsules

18:00 Dosage: Two capsules daily

19:00 ADVANCED ADULTS

Multivitamin & Mineral
With 5-MTHF
Dosage: 2 capsules daily

	MAYIS / May						
	P	S	P	C	P	P	P
Euro	1	2	3	4	5	6	7
Altın	8	9	10	11	12	13	14
Borsa	15	16	17	18	19	20	21
	22	23	24	25	26	27	28
	29	30					

08:00

ALPHA

09:00

KETOGLUTARIC

10:00

ACID

300 mg

100 capsules

11:00

Calcium (From calcium Alpha-ketoglutarate)

12:00

20 mg

13:00

Magnesium (From magnesium Alpha-ketoglutarate)

14:00

10 mg

15:00

Alpha ketoglutaric Acid 300 mg

16:00

Primary use: supports metabolism, cellular energy and healthy muscles

19:00

COENZYME Q10 120 mg

Dolar

Euro

Altın

Borsa

Nisan / April						
S	C	F	C	C	P	
29	30	1	2	3	4	
5	6	7	8	9	10	
12	13	14	15	16	17	
19	20	21	22	23	24	25
26	27	28	29	30		1

Support immune system and mitochondria the energy producing units of cells
Dosage: 1 capsule Daily.

08:00

CREATINE

09:00

500 mg
120 capsule

10:00

Helps supply Energy to muscle and nerve cells

11:00

creatine monohydrate 500 mg

13:00

Dosage: 1 capsule Daily

APRIL

Sunday

APRIL

Sonntag

APRILIE

Dimanche

АПРЕЛЬ

Воскресенье

NISAN

Pazar

11

CUCURWIN

TURNERIC ROOT

Extract

101 - 264
14. Hafta/Week

08:00

Turneric Root extract

09:00

(Cucurwin) 275 mg

10:00

Dosage: one capsule Daily

11:00

provides antioxidant activity

Dolar

Euro

Altın

Borsa

MAYIS / May

S	C	F	C	C	P	
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

CRANBERRY super Antioxidant
Cranberry Fruit extract 100 mg per capsule
with Proanthocyanidins
Dosage: two capsules Daily.

08:00

DETOX - AID 3capsule

09:00

Advanced Formula

10:00

Sethia L-Glutathione

11:00

Calcium 160 mg

12:00

Phosphorus 88 mg

13:00

Selenium 25 mg

14:00

Kilhaman® Proprietary

15:00

Detox-Aid Blood 705 mg

16:00

L-Glutathione (Sethia®)

17:00

Turmeric (Curcuma longa)

18:00

Toot extract, olive

19:00

(olea Europaea) (leaf) extract

Dolar

Euro

Altın

Borsa

Taurine, Milk Thistle

(Silybum marianum)

Fruit extract.

MAYIS / April

Pt	S	C	P	C	Ct	P
29	30	1	1	2	3	4
5	7	8	9	10	11	
2	13	14	15	16	17	18
9	20	21	22	23	24	25
26	27	28	29	30	1	2

08:00

Alpha Ketoglutaric Acid

09:00

Dosage 3 capsules Daily

10:00

The Body's Natural

11:00

Detoxification Process.

12:00

TOXICTY CONTROL

13:00

Vitamin C 1000 mg 3capsule

14:00

Vitamin E 30IU 20 mg

15:00

Calcium 14.5 mg

16:00

Phosphorus 67 mg

17:00

Selenium 75 mg

18:00

Calcium A-Gluconate 500 mg

19:00

Kilhaman® 810 mg

Dolar

Euro

Altın

Borsa

Milk Thistle (Silybum marianum) extract, Turmeric (Curcuma longa) root extract

MAYIS / May

Pt	S	C	P	C	Ct	P
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

08:00

N-Acetyl L-cysteine

09:00

L-Glutathione (sodium)

10:00

L-Taurine

11:00

Dosage: 4 capsules

12:00

(2 capsules, twice daily)

13:00

Supports the body's natural

14:00

Detoxifying pathways

15:00

16:00

Webber Naturals

17:00

Flaxseed oil 1000 mg

18:00

210 Softgels

19:00

Total Fat 1 g

Dolar

Euro

Altın

Borsa

Polyunsaturated Fat 1 g

Calories 10

MAYIS / April						
Pt	S	C	P	C	Ct	P
29	31	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	1	2

08:00

Organic Flaxseed oil 1000 mg

09:00

omega 3 Fatty acids

10:00

(ALA = Alpha linolenic acid 500 mg)

11:00

omega 6 Fatty Acids LA =

12:00

Linoleic Acid 175 mg

13:00

omega 9 Fatty Acids

14:00

Loleic Acid (OLA) 230 mg

15:00

Dosage: 2 softgel Daily

16:00

High Potency

17:00

OMEGA 3-6-9

18:00

Fish, Flax & Borage

19:00

Balanced omega complex

Dolar

Euro

Altın

Borsa

10/180 softgels

MAYIS / May

Pt	S	C	P	C	Ct	P
29	31	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	1	2

08:00

Calories 20

09:00

Total Fat 2,5g

10:00

Fish oil concentrate 800mg

11:00

EPA 140mg

12:00

DHA 90mg

13:00

Flaxseed oil 800mg

14:00

Alpha linolenic Acid (ALA) 400mg

15:00

oleic Acid (OA) 104mg

16:00

Borage oil 800mg

17:00

Gamma Linolenic Acid (GLA) 60mg

18:00

oleic Acid (OA) 112mg

19:00

Dosage: 2 softgels daily.

Dolar

Euro

Altın

Borsa

NİSAN / April

Pt	S	C	P	C	Ct	P
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	1	2

VITAMINIC

107 258

15. Hafta/Week

08:00

1. NUTRACE

09:00

Extra Protection

10:00

Tomato Extract 5mg

11:00

Providing pure lycopene 0,3mg

12:00

Astaxanthin 1,5mg

13:00

Alpha lipoic Acid 50mg

APRIL

Sunday

APRIL

Sonntag

APRIL

Dimanche

APRIL

Воскресенье

NİSAN

Pazar

18

L-Carnitine 30mg

Resveratrol (Osteon Flavonoids) 25mg

08:00

L-Cysteine 40mg

09:00

Citrus BioFlavonoids 30mg

10:00

Vitamin A (2500iu) 750µg RE

11:00

Vitamin D (as D₃ 1000iu) 25µg

Dolar

Euro

Altın

Borsa

MAYIS / May

Pt	S	C	P	C	Ct	P
29	30	31	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1

08:00

Vitamin C 150 mg

09:00

Thiamin (Vitamin B1) 18 mg

10:00

Riboflavin (Vitamin B2) 6 mg

11:00

Niasin (Vitamin B3) 27 mg NE

12:00

Vitamin B6 10 mg

13:00

Folic Acid 400 µg

14:00

Vitamin B12 14 µg

15:00

pantothenic Acid 20 mg

16:00

Magnesium 60 mg

17:00

Iron 8 mg

18:00

Zinc 15 mg

19:00

Copper 1000 µg

Dolar

Manganese 2 mg

Altın

Selenium 180 µg

Borsa

NİSAN / April

Pt	S	C	P	C	Ct	P
29	30	31	1	2	3	4
5	6	7	8	9	10	11
13	14	15	16	17	18	
19	20	21	22	23	24	25
26	27	28	29	30	1	2

08:00

Chromium 100 µg

09:00

Iodine 200 µg

10:00

Dosage: one tablet per day.

11:00

with your main Meal.

12:00

swallow Water for a cold

13:00

drink. Not to be chewed.

14:00

- only to be taken on a full stomach

15:00

ULTRA

16:00

OMEGA 3 • 6 • 9

17:00

Fish oil 400 mg

18:00

providing

19:00

omega 3 Fatty Acids 116 mg

Dolar

Black currant seed oil 100 mg

Euro

providing.

Altın

Omega 6 Fatty acids 51 mg

Borsa

MAYIS / May

Pt	S	C	P	C	Ct	P
26	27	28	29	30	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

08:00

Pumpkin Seed oil 100 mg.

09:00

Providing

10:00

omega 6 Fatty Acids 145 mg

11:00

Olive oil (EP Grade) 60 mg.

12:00

Providing

13:00

omega-9 Fatty acids 28 mg

14:00

Vitamin E 9.8 mg α -TE

15:00

Dosage: TWO capsules per day
With your Main Meal.

17:00

Swallow with water or a
cold drink. Not to be chewed

19:00

SAGE 1000 mg Adcaryl

Dolar

Euro

Altın

Borsa

NİSAN / April

Pt	S	C	P	C	Cl	P
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Premium SAGE extract
with 2.5 Active Rosmarinic Acid

08:00

JOINT ACE

09:00

Glucosamine Sulphate 2KCl 1000 mg

10:00

Chondroitin Sulphate 400 mg

11:00

Turmeric 2000 mg

12:00

Provided by Turmeric Extract 49 mg

13:00

Providing Curcuminoids 46 mg

14:00

Ginger Root Extract equiv. to 80 mg

15:00

Vitamin D (As D3 800 iu) 20 μ g

16:00

Vitamin E 40 mg α -TE

17:00

Vitamin C 60 mg.

18:00

Folic Acid 400 μ g

19:00

Vitamin B12 20 μ g

Dolar

Euro

Altın

Borsa

MAYIS / May

Pt	S	C	P	C	Cl	P
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Zinc 10 mg

Copper 1000 μ g

08:00 Manganese 4mg
 09:00 Selenium 120 µg

10:00 Dosage: Two Tablets
 11:00 per Day with your Main
 12:00 Meal. Swallow with water
 13:00 of a cold drink. Not to be chewed

14:00 ULTRA

15:00 RED KRILL OIL

16:00 Krill oil 1000mg

17:00 Marine phospholipids 400mg

18:00 Total omega-3 220mg

19:00 EPA 120mg

Dolar DHA 55mg

Euro Altın Borsası Astaxanthin 100 µg

NİSAN / April

Pt	S	C	P	Ct	P
29	30	31	1	2	3
4	5	6	7	8	9
10	11	12	13	14	15
16	17	18	19	20	21
22	23	24	25	26	27
28	29	30	1	2	

08:00 on 1 egg - 9 80mg.

09:00 Dosage: Two capsules per Day
 10:00 With your Main Meal.

11:00 Swallow with water of a cold
 12:00 drink. Not to be chewed.

13:00 Ultra Red Krill oil should
 14:00 only be taken on a Full
 15:00 Stomach

APRIL Sunday
 APRIL Pazar
 APRIL Pazar
 APRIL Pazar
 APRIL Pazar

NİSAN
 Pazar

25

08:00 JOINTACE SPORT

09:00 Bromelain 700mg

10:00 Hyaluronic Acid 100mg

11:00 Glucosamine Sulphate 2KCL 1000mg

Dolar Euro Altın Borsası Chondroitin Sulphate 100mg

MAYIS / May

Pt	S	C	P	Ct	P
29	30	31	1	2	3
4	5	6	7	8	9
10	11	12	13	14	15
16	17	18	19	20	21
22	23	24	25	26	27
28	29	30	1	2	

Ginger Root extract 80mg

08:00 Vitamin D (as D₃ 400iu) 10 µg
09:00 Vitamin E 40mg α-TE
10:00 Vitamin C 60mg
11:00 Folic Acid (Folic Acid) 400 µg
12:00 Vitamin B12 20 µg
13:00 Zinc 10mg
14:00 Copper 1000 µg
15:00 Manganese 4mg
16:00 Selenium 120 µg

17:00 Dosage: Two Tablets per
18:00 Day with your Main Meal
19:00 Swallow with water or a cold
Dolar drink. Not to be chewed.
Euro

Nisan / April							
Pt	S	C	P	C	Ct	P	
29	30	31	1	2	3	4	
5	6	7	8	9	10	11	
12	13	14	15	16	17	18	
19	20	21	22	23	24	25	
26	27	28	29	30	1	2	

"Triple Pack"
08:00 WELLMAN MAX
(X) 09:00 Siberian Ginseng Extract eq. to 50mg
10:00 Co-enzyme Q10 10mg
11:00 L-carnitine 50mg
12:00 Citrus Bioflavonoids 10mg
13:00 L-Arginine 20mg
14:00 L-Tyrosine 50mg
15:00 L-Lysine 20mg
16:00 Octacosanol 3mg
17:00 Betacarotene 2mg
18:00 Vitamin A (2500iu) 750 µg
19:00 Vitamin E 30mg α-TE
Dolar Vitamin C 60mg
Euro

MAYIS / May							
Pt	S	C	P	C	Ct	P	
29	30	31	1	2	3	4	
5	6	7	8	9	10	11	
12	13	14	15	16	17	18	
19	20	21	22	23	24	25	
26	27	28	29	30	1	2	

Altin Thiamin (Vitamin B1) 12mg
Borsa

08:00 Riboflavin (Vitamin B2) 5mg
 09:00 Niacin (Vitamin B3) 24mg NE
 10:00 Vitamin B6 10mg
 11:00 Folic Acid 400 µg
 12:00 Vitamin B12 15 µg
 13:00 Biotin 75 µg
 14:00 Pantothenic Acid 10mg
 15:00 Magnesium 60mg
 16:00 IRON 6mg
 17:00 ZINC 15mg
 18:00 copper 1000 µg
 19:00 Manganese 0,5 mg
 Dolar Iodine 150 µg

	NİSAN / April						
	P	S	C	P	C	Ct	P
Euro	5	6	7	8	9	10	11
Altın	12	13	14	15	16	17	18
Borsa	19	20	21	22	23	24	25
	26	27	28	29	30	1	2

Omega 3 -6-9 capsule
 08:00 omega-3 Fish oil 400mg
 09:00 Providing omega 3 Fatty Acids 116mg
 10:00 Black currant seed oil 100mg
 11:00 Providing omega 6 Fatty Acids 51mg
 12:00 Pumpkin seed oil 100mg
 13:00 Providing omega 6 Fatty Acids 45mg
 14:00 olive oil (EP Grade) 60mg
 15:00 Providing omega 9 Fatty Acids 28mg
 16:00 Vitamin E 9,8mg α-TE

17:00 Vitamin D (as D3 400iu) 10 µg
 18:00 Calcium 500mg
 19:00 Dosage: one MAX Tablet
 Dolar (Dark Blue Blister)
 Euro per Day, PLUS

	MAYIS / May						
	Pt	S	C	P	C	Ct	P
Euro	3	4	5	6	7	8	9
Altın	10	11	12	13	14	15	16
Borsa	17	18	19	20	21	22	23
	24	25	26	27	28	29	30

08:00 one omega 3-6-9 Capsule
 09:00 (Green Blister) per Day
 10:00 Plus one Calcium Tablet
 11:00 (Turquoise Blister) per Day
 12:00 Swallow each with
 13:00 water or a cold drink
 14:00 and take with a main meal.
 15:00 Not to be chewed. To be
 16:00 taken on a Full Stomach.

17:00 Health Aid

18:00 SELENIUM PLUS

19:00 (Vitamins A C E & Zinc)

Dolar Vitamin A 750 µg

Euro Vitamin E 67 mg

NİSAN / April							
Pt	S	C	P	C	Cl	P	
29	30	31	1	2	3	4	
5	6	7	8	9	10	11	
12	13	14	15	16	17	18	
19	20	21	22	23	24	25	
26	27	28	29	30	1	2	

08:00 Vitamin C 120 mg
 09:00 ZINC 4 mg
 10:00 Selenium 200 µg

11:00 Dosage: one tablet daily.
 12:00 TWO

13:00 DAY VIT ACTIVE
 MAY Balanced Multivitamin and Mineral
 MAY1 Sunday
 MAY1 Sonntag
 MAY1 Dimanche
 MAY1 Воскресенье
 MAY15 Pazar

122 - 243
 17. Hafta/Week
 08:00 Vitamin A (2667iu) 800 µg
 09:00 Vitamin E (15iu) 10 mg

10:00 Thiamin (Vitamin B1) 1,4 mg
 11:00 Niacin (as nicotinamide) 18 mg

Dolar Folic Acid 200 µg

Euro Biotin 150 µg

HAZİRAN / June							
Pt	S	C	P	C	Cl	P	
21	1	2	3	4	5	6	
7	8	9	10	11	12	13	
14	15	16	17	18	19	20	
21	22	23	24	25	26	27	
28	29	30	1	2	3	4	

08:00

Vitamin K 30 µg

09:00

Manganese 2 mg

10:00

Iodine 150 µg

11:00

Selenium 100 µg

12:00

Molybdenum 100 µg

13:00

DL-methionine 40 mg

14:00

Inositol 50 mg

15:00

Silica 10 mg

16:00

Vitamin D (200iu) 5 µg

17:00

Vitamin C 60 mg

18:00

Riboflavin (Vitamin B2) 1,6 mg

19:00

Vitamin B6 2 mg

Dolar

Vitamin B12 1 µg

Euro

Altın

Borsa

MAYIS / May

Pt	S	C	P	Ct	P
26	27	28	29	30	1
3	4	5	6	7	8
10	11	12	13	14	15
17	18	19	20	21	22
25	26	27	28	29	30

08:00

Iron 14 mg

09:00

Zinc 15 mg

10:00

Copper 1 mg

11:00

Chromium 40 µg

12:00

Korean Ginseng 15:1

13:00

Extract (standardized to %25

14:00

ginsenosides 40 mg

15:00

Equivalent to 600 mg

16:00

Korean Ginsenpowder

17:00

Choline Bitartrate 50 mg

18:00

Lutein 2 mg

19:00

CoQ10 5 mg

Dolar

Dosage : one tablet daily

Euro

Altın

Borsa

HAZİRAN / June

Pt	S	C	P	Ct	P
31	1	2	3	4	5
7	8	9	10	11	12
14	15	16	17	18	19
21	22	23	24	25	26
28	29	30	1	2	3

With a main meal

08:00 KRILL - LIFE

09:00 KRILL OIL

10:00 Pure Krill oil 500mg

11:00 Krill phospholipids 204mg

12:00 Total omega-3 120mg

13:00 EPA 60mg

14:00 DHA 32,5mg

15:00 Astaxanthin 55 µg

16:00 Dosage: Two capsules daily

17:00 Can be increased up to eight

18:00 capsules daily

19:00 D-RIBOSE 1000mg

Dolar D-Ribose 1000mg

Euro Dosage: one tablet three times a day

Altın A day. Tablets can be sucked, chewed or swallowed.

MAYIS / May									
Pt	S	C	P	C	Ct	P			
1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30

08:00 BETAIMLINE

09:00 Advanced Antioxidants

10:00 Vitamin A (2666iu) 800 µg

11:00 Vitamin D (1000iu) 25 µg

12:00 Vitamin E (90iu) 60mg

13:00 Vitamin C 600mg

14:00 Zinc 20mg

15:00 Copper 1mg

16:00 Selenium 400 µg

17:00 Citrus Bioflavonoids 30mg

18:00 Coenzyme Q10 (CoQ10) 20mg

19:00 Beta Carotene 6mg

Dolar Pine Bark Extract 670mg

Euro Bilberry extract 19mg

Altın

MAYIS / May									
Pt	S	C	P	C	Ct	P			
1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30

08:00 Japanese knotweed Extract 56 mg

09:00

Red ginseng Extract 46 mg

10:00

11:00 Dosage: Two capsules daily
With Food.

12:00

13:00 MULTI AMINO
ACIDS - 60 Tablets

14:00

15:00 Alanine 70 mg

16:00

Aspartic Acid 46 mg

17:00

L-cysteine 4 mg

18:00

Glycine 167 mg

19:00

Hydroxyproline 97 mg

Dolar

Hydroxylysine 7 mg

Euro

Altin Lysine 32 mg

Borsa

Methionine 6 mg

MAYIS / May

Pt	S	C	P	C	Ct	P
26	1	2	3	4	5	6
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

08:00 phenylalanine 16 mg

09:00

Serine 28 mg

10:00

Tyrosine 2 mg

11:00

Arginine 63 mg

12:00

L-carnitine 4 mg

13:00

L-citulline 3 mg

14:00

Glutamic Acid 80 mg

15:00

Histidine 6 mg

16:00

Isoleucine 12 mg

08:00

Leucine 23 mg

09:00

L-ornithine 4 mg

10:00

Proline 110 mg

11:00

Threonine 15 mg

Dolar

Euro Valine 18 mg

Altin

Borsa Dosage: three to six tablets
daily on an empty stomach

HAZİRAN / June

Pt	S	C	P	C	Ct	P
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

08:00

CHOLINE INOSITOL

09:00

60 tablets

10:00

choline 250mg 250mg

11:00

inositol 250mg

12:00

dosage: one tablet three

13:00

times a day on an empty

14:00

stomach, can be increased

15:00

to four tablets.

16:00

CREATINE

17:00

1000mg
60 tablet

18:00

creatine monohydrate 1000mg

19:00

dosage: one tablet three

Dolar

Euro

Altın

Borsa

times a day on an empty
stomach.

May 1995 Max									
Pt	S	C	P	C	Cl	P			
26	27	28	29	30	1	2			
3	4	5	6	7	8	9			
10	11	12	13	14	15	16			
17	18	19	20	21	22	23			
24	25	26	27	28	29	30			

08:00

BLACK SEED OIL

09:00

60 capsule 1000mg

10:00

Vitamin C 60mg

11:00

Vitamin D 500iu

12:00

Black cumin (Nigella Setiva)

13:00

Seed oil 1000mg

14:00

(30-Hemg Thymoquinone)

15:00

Dosage: Two Capsules Daily

16:00

L-CARNITINE

17:00

550mg

18:00

30 tablets.

19:00

L-carnitine powder 550mg

Dolar

Euro

Altın

Borsa

Vitamin B6 (Pyridoxine) 10mg

Chromium: 200 µg

Dosage: Two tablets daily

on an empty stomach.

HAZİRAN 1995									
Pt	S	C	P	C	Cl	P			
1	2	3	4	5	6	7			
8	9	10	11	12	13	14			
15	16	17	18	19	20	21			
22	23	24	25	26	27	28			
29	30	1	2	3	4	5			

08:00

L-GLUTATHIONE

09:00

60 Tablet 250mg

10:00

L-Glutathione 250mg

11:00

Dosage: Two Tablets Daily

12:00

on an empty stomach.

13:00

WELLMAN 50+

14:00

(Vitaminotics Film)

15:00

Reduction of Tiredness

16:00

and Fatigue

17:00

Siberian Ginseng Extract eq. to 20mg

18:00

Coenzyme Q10 2mg

19:00

L-Carnitine 10mg

Dolar

Euro

Altın

Borsa

MAYIS / May

Pt	S	C	P	C	Cl	P
27	27	28	29	30	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Citrus Bioflavonoids 10mg

08:00

L-Arginine 20mg

09:00

L-Methionine 20mg

10:00

Lutein Esters 2mg

11:00

Phosphatidylcholine 10mg

12:00

L-Glutathione 5mg

13:00

Silicon 10mg

14:00

Betacarotene 3,25mg

15:00

PABA 10mg

16:00

Vitamin A (2666iu) 800µg RE

17:00

Vitamin D (as D3 600iu) 15µg

18:00

Vitamin E (Natural source) 12mg α-TE

19:00

Vitamin C 80mg

Dolar

Euro

Altın

Borsa

Thiamin (Vitamin B1)

Riboflavin (Vitamin B2)

HAZİRAN / June

Pt	S	C	P	C	Cl	P
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	1	2	3	4

08:00 Niacin (Vitamin B3) 36mg NF

09:00 Vitamin B6 1 mg

10:00 Folic Acid 200 µg

11:00 Vitamin B12 20 µg

12:00 Biotin 50 ng

13:00 Pantothenic Acid 10 Mg

14:00 170N 6mg

15:00 Zinc 15mg

16:00 Copper 1000 µg

17:00 Manganese 0,5 mg

18:00 Selenium 55 µg

9:00 Chromium 75 μg

olar 10dine 150 kg
uro

Dosage: one Tablet

Pt	S	C	P	C	Ct	P
26	27	28	29	30	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24/31	25	26	27	28	29	30

08:00 Per Day with your Main Meal

(09/00) Swallow with water or a

10:00 cold drink. Not to be chewed

11:00 Kitz man groß.

12:00 AMINO SUPPORT

13:00 30H capsules

MAY Sunday 53 MAY 16
MAI Sonntag
MAI Dimanche
МАЙ Воскресенье 37 MAY 16

Kirkman's Prostatectomy. Amigo
Support Blend 3360 Mg

Alpha ketoglutaric Acid

TauTine

10:00 L-Lysine hydrochloride

Dolar L-Methionine
Euro

Altin L-Leucine
Borsa

HAZİRAN / June						
Pt	S	Ç	P	C	Ct	P
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	1	2	3	4

08:00 L- Glutamine
09:00 L- Threonine
10:00 L- Valine
11:00 L- Isoleucine
12:00 L- phenylalanine
13:00 L- Arginine HCl
14:00 L- Asparagine monohydrate free
15:00 L- Tyrosine
16:00 L- Proline

17:00 Dosage: 8 capsules daily

18:00
19:00

Dolar

Euro

Altın

Borsa

MAYIS / May

Pt	S	C	P	C	Cl	P
26	27	28	29	30	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

08:00 (UD) unconventional Drugs = $\frac{5}{3} = 1,6$
09:00 (CD) conventional Drugs

10:00 = K constant

11:00 5 unconventional

12:00 3 conventional

13:00 Ratio proportion is LAW

14:00 For opposition physiologic

15:00 Homeostatic Balanced

16:00 Natural (unconventional)

17:00 Drug Dosage

18:00 (UD) unconventional = 1,6

19:00 (CD) conventional

Dolar

Euro

Altın

Borsa

HAZİRAN / June

Pt	S	C	P	C	Cl	P
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	1	2	3	4

UD = 1,6

CD

1,3 Mg metformin sulfate

08:00 $UD = 2,8 \text{ Mg/MeterSquare}$

09:00 Unconventional Drugs

10:00 Training Times

12:00 $UD = 1,6 = K = 11,2$

13:00 CD Days

14:00 7 Days

15:00 Unconventional Drugs

16:00 Will be applied 11,2

17:00 Days After conventional

18:00 chemotherapeutic Anti-

19:00 Cancer Agents Rotations

Dolar to be separately

Euro with cycle sheet

MAYIS / May													
Pt	S	Ç	P	C	Cl	P							
26	27	28	29	30	1	2							
3	4	5	6	7	8	9							
10	11	12	13	14	15	16							
17	18	19	20	21	22	23							
24	25	26	27	28	29	30							

08:00 total therapeutic

09:00 cycle portions

10:00 conventional then

11:00 unconventional.

12:00 For four months

13:00 With four cycles

14:00 completed total

15:00 therapeutic cycle

16:00 Anticancer Agents

17:00 and unconventional

18:00 interval training

19:00 (UD) unconventional = 1,6 =

Dolar (CD) conventional constant

Euro

Altın

Borsa

HAZİRAN / June													
Pt	S	Ç	P	C	Cl	P							
31	1	2	3	4	5	6							
7	8	9	10	11	12	13							
14	15	16	17	18	19	20							
21	22	23	24	25	26	27							
28	29	30	1	2	3	4							

08:00

$$UD = 1,6 = 6,4$$

09:00

(or) 4 hours

10:00

Elimination Half life
(various)

11:00

12:00

Example: Half life 4 hours
+ 6,4 hours = 10,4
hours

13:00

14:00

15:00

16:00

17:00

18:00

19:00

Dolar

Euro

Altın

Borsa

After chemotherapeutic
(Anticancer Administered
Drugs) Therapeutic
applications Then
unconventional Drugs
Must be started
Applied 10,4 hours

MAYIS / May						
Pt	S	C	P	C	Cl	P
27	28	29			1	2
30	31	1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

08:00

Later

09:00

Dependence of half life

10:00

Dependence of conventional

11:00

Anti cancer drug starting

12:00

time

13:00

MAY

MAI

MAI

МАЙ

Sunday

Sonntag

Dimanche

Воскресенье

MAYIS 23
Pazar

08:00

09:00

10:00

11:00

Dolar

Euro

Altın

Borsa

HAZİRAN / June

Pt	S	C	P	C	Cl	P
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	1	2	3	4

CANCER TREATMENT EXACTLY AS PLANNED

Any stage/phase
cancer treatment
Main Essentials
steps ways
Relationships.

1.) Among artificial
conventional
Relationships

MAYIS / May						
Pt	S	C	P	C	Ct	P
26	27	28	29	30	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

2.) Among Natural.
(Herbal) complementary
(unconventional)
Relationships.

3.) Among toxications
detoxifications
Relationships

4.) Among Artificial.
(conventional), Natural
(Herbal unconventional)
Relationships

5.) Among conventional
anticancer (antineoplastic)
Drugs cycles dispersions
Relationships

HAZİRAN / June						
Pt	S	C	P	C	Ct	P
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	1	2	3	4

08:00 6.) Therapeutic conventional
09:00 anticancer drugs
10:00 Toxications as
11:00 primary Actots
12:00 with therapeutic
13:00 unconventional
14:00 (complementary)
15:00 Detoxifications
16:00 As secondary Actots.
17:00 7.) NF- κ B (proteasome)
18:00 inhibitors and Hsp-90
19:00 inhibitors Therapeutic
Dolar Relationships
Euro Times, intervals
Altın
Borsa

MAYIS / May						
Pt	S	C	P	C	Cl	P
26	27	28	29	30	1	2
3	4	5	6	7	8	9
	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

08:00 8.) Anticancer treatments
09:00 Medical Oncology
10:00 Emergency cardiac
11:00 and respiratory Arrest
12:00 critical maneuvers,
13:00 prophylactic tactic
14:00 applications
15:00 9.) complications
16:00 Pain, side effects
17:00 adverse effect
18:00 perfect management/control
19:00

HAZİRAN / June						
Pt	S	C	P	C	Cl	P
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	1	2	3	4

10.) Step by Step
Dosage Applications
Step by Step. Safety
Patient management
Control

11.) Primary Actörs
Conventional anticancer
Drugs Dosage
classifications desenden
Model for four stages/
Phases

12.) Secondary Actörs
unconventional
anticancers Dosage

MAYIS / May						
Pt	S	C	P	C	Ct	P
26	27	28	29	30	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

classifications Asenden
Model for four stages
/ phase

13.) Partial, Half
opposition Balanced
Treatment is main
Philosophy of cancer
treatment (therapy)

14.) Antiinflammation is vital
role / Function for balanced
New neoplastic Target-
mations with Partial selective
Antiinflammation Drug
Meloxica M.

HAZİRAN / June						
Pt	S	C	P	C	Ct	P
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	1	2	3	4	5

15.) Alkalinate (Alkalys)

Reserve Supportive

Drugs + Ringer lactate

crystalloid solutions

For body pH

tamponade and

Stomach. Antacid

applications of acid

Neutralisations.

16.) Gastroesophageal

Cancers Stomach Acidity

need to Acid Absorption

Mucus, neutralization

Bismoprol of proton pump

inhibitors (notrieter)

17.) NF- κ B (Proteasome)

inhibitors + Antiinflammation

+ immunomodulation

(glycosaminoglycans)

works Mutation

identity dynamics

as supportive and

physiologic phagocytosis

18.) HDAC-DNMT

inhibitors works original

DNA identity genes

From silenced and DNA

Histones Reactivation

Dolar

Euro

Altin

Borsa

FEMMUE July										
P	S	C	C	C	C	C	C	C	C	C
28	29	30	1	2	3	4				
5	6	7	8	9	10	11				
12	13	14	15	16	17	18				
19	20	21	22	23	24	25				
26	27	28	29	30	31	1				

19.) Energy + Signaling
 Support, silenced
 Original DNA identity
 With HDAC-DNMT
 conventional PTMs &
 Acto's Drugs

Dosage: Maximum
 tolerated dose
 standard of
 pharmaceutical
 identity.

Stage	%	Ordering
Stage 4	100	↓
Stage 3	75	
Stage 2	50	
Stage 1	25	